

# DHA Absorb™

ENHANCED ABSORPTION\*



## HIGHLIGHTS

Mycotoxins impede absorption of fat-soluble nutrients, invade DHA-rich tissues, and lead to lipid peroxidation.

Provided in the triglyceride form found in nature, for enhanced absorption and stability.

Lipase adds enzymatic activity to neutralize mycotoxins.

## RECOMMENDED USE

Take 1 softgel twice daily with a meal, or as directed by your healthcare practitioner.

## BENEFITS\*



Provides the fresh supply of beneficial fats to support the cell membrane structure, which otherwise takes on a burden of fat-soluble mycotoxins.



Supports nervous system, brain, and eye health, which are systems particularly affected by mycotoxin damage.



Supports cognitive function. Brain fog is commonly reported with mold exposure.



Added tocotrienol support modulates the body's inflammatory response.

## Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1g	2%*
Omega-3 Fatty Acids (from fish oil)		
EPA (Eicosapentaenoic Acid)	100 mg	†
DHA (Docosahexaenoic Acid)	500 mg	†

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

**Other Ingredients:** Bovine gelatin, purified water, glycerine, annatto (color), natural lemon flavor, DeltaGold® tocotrienols, lipase.

**Contains fish (anchovy, mackerel, sardine).**

Free from gluten, dairy, soy, GMOs.

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For questions about this product or others please email [contact@alighthealthformulas.com](mailto:contact@alighthealthformulas.com) or visit [alighthealthformulas.com](http://alighthealthformulas.com).

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