

Bile Movers™

ADDRESSES BINDING CONSTIPATION*



HIGHLIGHTS

Provides nutritional support for the production and proper flow of bile.

Helps to replace the bile sequestered by binders.

Dose with meals and follow with binders.

RECOMMENDED USE

One capsule may be taken up to three times daily with meals as digestively tolerated, or as directed by a health care practitioner.

BENEFITS*



Supports the efficient removal of toxins by supporting the liver's natural detoxification capabilities, which otherwise sustains damage from mycotoxins.



Aids in the natural detoxification of fat-soluble toxicants.



Supports gall bladder health.



Enhances the absorption of fat-soluble nutrients.

Supplement Facts			
Serving Size 3 capsules Servings Per Container 30			
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Mixed Carotenoids)	1500 mcg RAE 167%	Taurine	100 mg *
Vitamin B-6 (as Pyridoxal-5-Phosphate)	5 mg 294%	Inositol	100 mg *
Vitamin B-12 (as Methylcobalamin)	15 mcg 625%	Ox Bile	75 mg *
L-Methionine	150 mg *	Artichoke Extract (<i>Cynara scolymus</i>)(leaf) [standardized to contain 5% cynarin]	75 mg *
Milk Thistle Extract (<i>Silybum marianum</i>)(seed) [standardized to contain 80% silymarin]	150 mg *	Beet Powder (<i>Beta vulgaris L.</i>)(tuber)	50 mg *

Other Ingredients: Microcrystalline cellulose, cellulose (vegetarian capsule), sunflower lecithin, vegetable stearate.

Contains animal products. Not a vegan product.

Free from gluten, dairy, GMOs.

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For questions about this product or others please email contact@alighthealthformulas.com or visit alighthealthformulas.com.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

